

| Veselības sestdiena 2024 KOPVĒRTĒJUMS |                               |          |      |          |      |          |      |          |      |          |      |      |
|---------------------------------------|-------------------------------|----------|------|----------|------|----------|------|----------|------|----------|------|------|
|                                       | MEITENES 2012. – 2007.dz.g.   | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|                                       |                               | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1                                     | Alesja Uljanova               | 00:24:59 | 70   | 00:24:47 | 72   | 00:24:59 | 73   | 00:24:42 | 71   | 00:24:47 | 73   | 359  |
| 2                                     | Varvara Gurjeva               | 00:24:47 | 59   | 00:24:57 | 58   | 00:24:58 | 62   | 00:24:53 | 63   | 00:24:48 | 62   | 304  |
| 3                                     | Anna Leibus                   |          |      | 00:24:51 | 58   | 00:24:43 | 60   | 00:24:55 | 57   | 00:24:40 | 58   | 233  |
| 4                                     | Šarlote Kupreviča             |          |      | 00:24:40 | 53   | 00:24:39 | 56   | 00:24:58 | 54   | 00:24:40 | 56   | 219  |
| 5                                     | Marta Lubgāne                 |          |      | 00:24:43 | 37   | 00:24:23 | 36   | 00:24:45 | 36   | 00:24:32 | 39   | 148  |
| 6                                     | Arina Poļakova                | 00:24:49 | 36   | 00:24:37 | 36   |          |      | 00:24:51 | 37   | 00:24:52 | 32   | 141  |
| 7                                     | Anastasija Vasiljeva          |          |      |          |      | 00:24:46 | 39   | 00:24:47 | 42   | 00:24:56 | 39   | 120  |
| 8                                     | Oksana Starčenkova            |          |      |          |      |          |      | 00:24:50 | 54   | 00:24:55 | 59   | 113  |
| 9                                     | Darina Sudnika                |          |      |          |      | 00:24:58 | 47   |          |      |          |      | 47   |
| 10                                    | Elza Kaļverša                 |          |      |          |      | 00:24:39 | 41   |          |      |          |      | 41   |
| 11                                    | Marija Lubgāne                |          |      |          |      |          |      | 00:25:00 | 39   |          |      | 39   |
| 12                                    | Darja Fjodorova               | 00:23:33 | 15   | 00:24:16 | 17   |          |      |          |      |          |      | 32   |
|                                       | ZĒNI - 2012. – 2007.dz.g.     | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|                                       |                               | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1                                     | Ivans Aveniņš                 | 00:24:47 | 54   | 00:24:59 | 73   | 00:24:47 | 74   | 00:24:42 | 73   | 00:24:58 | 74   | 348  |
| 2                                     | Arturs Gavrilovs              | 00:24:50 | 53   | 00:24:52 | 55   | 00:24:43 | 58   | 00:25:00 | 58   | 00:24:42 | 58   | 282  |
| 3                                     | Marks Larionovs               | 00:24:45 | 56   | 00:25:00 | 54   | 00:25:00 | 54   | 00:24:43 | 56   | 00:24:54 | 55   | 275  |
| 4                                     | Mārtiņš Razgals               | 00:24:40 | 47   | 00:24:48 | 46   | 00:24:54 | 47   | 00:24:53 | 45   |          |      | 185  |
| 5                                     | Dominiks Makužs               | 00:24:35 | 42   |          |      | 00:24:38 | 42   | 00:24:35 | 43   | 00:24:54 | 43   | 170  |
| 6                                     | Daniil Koņabo                 | 00:24:27 | 32   | 00:24:29 | 36   |          |      | 00:24:36 | 38   | 00:24:33 | 38   | 144  |
| 7                                     | Marks Vasjoha                 | 00:24:45 | 33   | 00:24:56 | 31   | 00:24:55 | 34   | 00:24:34 | 32   |          |      | 130  |
| 8                                     | Ralfs Kaļveršs                |          |      | 00:24:52 | 44   |          |      |          |      |          |      | 44   |
|                                       | SIEVIETES - 2006.– 1985.dz.g. | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|                                       |                               | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1                                     | Jekaterina Smirnova           | 00:24:36 | 66   | 00:24:44 | 68   | 00:24:52 | 68   | 00:24:41 | 59   | 00:24:42 | 70   | 331  |
| 2                                     | Eva Evelīna Kļaviņa           | 00:24:55 | 58   |          |      | 00:24:52 | 59   | 00:24:38 | 57   | 00:24:38 | 57   | 231  |
| 3                                     | Lauma Žihare                  |          |      | 00:24:55 | 36   | 00:24:44 | 39   | 00:25:00 | 45   | 00:24:44 | 44   | 164  |
| 4                                     | Diāna Zavadska                | 00:24:42 | 37   | 00:24:45 | 38   | 00:24:37 | 38   | 00:24:48 | 40   | 00:24:58 | 39   | 192  |
| 5                                     | Marija Kombar                 | 00:24:31 | 33   | 00:24:58 | 36   | 00:24:54 | 36   | 00:24:38 | 38   |          |      | 143  |
| 6                                     | Inga Rītere                   | 00:24:32 | 31   |          |      | 00:24:38 | 32   | 00:24:39 | 33   | 00:24:54 | 35   | 131  |
| 7                                     | Baiba Krivmane                | 00:24:43 | 30   | 00:24:29 | 31   | 00:24:50 | 31   | 00:24:33 | 31   | 00:24:32 | 31   | 154  |
| 8                                     | Sintiņa Liepiņa               |          |      | 00:24:59 | 32   | 00:24:52 | 32   | 00:24:25 | 28   | 00:24:40 | 34   | 126  |
| 9                                     | Dace Baumgarte                | 00:24:17 | 24   | 00:24:35 | 26   | 00:24:36 | 29   | 00:24:57 | 29   | 00:24:33 | 29   | 137  |
| 10                                    | Linda Griestiņa               | 00:24:45 | 22   | 00:24:00 | 23   | 00:24:50 | 24   |          |      |          |      | 69   |
| 11                                    | Linda Kaļverša                |          |      | 00:24:37 | 33   | 00:24:35 | 23   |          |      |          |      | 56   |
| 12                                    | Linda Dzilna                  |          |      | 00:24:44 | 31   |          |      |          |      |          |      | 31   |
|                                       | VĪRIEŠI - 2006.– 1985.dz.g.   | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|                                       |                               | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1                                     | Nikita Uljanovs               | 00:24:46 | 68   | 00:24:50 | 70   | 00:24:51 | 70   | 00:24:59 | 70   | 00:24:51 | 69   | 347  |
| 2                                     | Georgijs Volodins             | 00:25:00 | 65   | 00:24:56 | 68   | 00:24:57 | 68   | 00:24:59 | 65   | 00:24:46 | 68   | 334  |
| 3                                     | Jevgēnijs Koņabo              | 00:24:55 | 63   | 00:24:51 | 64   | 00:24:46 | 64   | 00:24:47 | 62   | 00:24:47 | 65   | 318  |
| 4                                     | Aleksandrs Kurbatskis         | 00:24:58 | 50   | 00:24:59 | 50   | 00:24:48 | 50   |          |      | 00:24:52 | 50   | 200  |
| 5                                     | Oļegs Bogačenkovs             |          |      |          |      | 00:24:52 | 64   | 00:24:56 | 66   | 00:24:48 | 66   | 196  |
| 6                                     | Aleksandrs Astafičevs         | 00:24:57 | 44   | 00:24:55 | 46   | 00:24:53 | 47   | 00:24:34 | 46   | 00:24:55 | 47   | 230  |
| 7                                     | Askolds Darnopihs             |          |      | 00:24:46 | 49   |          |      | 00:24:45 | 51   | 00:24:48 | 52   | 152  |
| 8                                     | Dēvids Kristapsons            | 00:24:39 | 33   | 00:24:25 | 32   | 00:24:56 | 36   | 00:24:36 | 36   | 00:24:55 | 38   | 175  |
| 9                                     | Vladimirs Lebedičs            | 00:24:52 | 34   | 00:24:46 | 36   |          |      | 00:24:51 | 35   | 00:24:19 | 34   | 139  |
| 10                                    | Kārlis Jāņekalns              |          |      | 00:24:55 | 35   | 00:24:47 | 29   | 00:23:47 | 29   | 00:24:37 | 36   | 129  |
| 11                                    | Jānis Butāns                  | 00:24:32 | 32   | 00:24:23 | 31   | 00:24:32 | 31   | 00:24:44 | 33   |          |      | 127  |
| 12                                    | Pēteris Trokša                | 00:24:51 | 43   | 00:24:49 | 42   |          |      |          |      |          |      | 85   |
| 13                                    | Artemijs Poļakovs             |          |      |          |      |          |      | 00:24:41 | 40   | 00:24:56 | 43   | 83   |
| 14                                    | Ģirts Griestiņš               | 00:24:42 | 27   |          |      | 00:24:40 | 30   |          |      |          |      | 57   |
| 15                                    | Edvards Dunaiskis             |          |      | 00:24:29 | 35   |          |      |          |      |          |      | 35   |
| 16                                    | Viktors Baklanovs             |          |      | 00:24:24 | 7    |          |      |          |      |          |      | 7    |

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| 7               |

|    | SIEVIETES - 1984. – 1965.dz.   | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|----|--------------------------------|----------|------|----------|------|----------|------|----------|------|----------|------|------|
|    |                                | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1  | Antra Kalvāne                  | 00:25:00 | 58   |          |      | 00:24:47 | 55   | 00:24:46 | 57   | 00:24:47 | 57   | 227  |
| 2  | Inese Keiša                    | 00:24:47 | 50   | 00:24:59 | 53   | 00:24:47 | 53   | 00:24:42 | 53   | 00:24:54 | 53   | 262  |
| 3  | Dace Kalverša                  | 00:24:33 | 37   | 00:24:40 | 40   | 00:24:42 | 45   | 00:24:52 | 46   |          |      | 168  |
| 4  | Agnese Vilcāne                 |          |      | 00:24:47 | 43   | 00:24:42 | 39   | 00:24:44 | 40   | 00:24:28 | 35   | 157  |
| 5  | Žanna Bogdanova                | 00:24:34 | 38   | 00:24:58 | 39   | 00:25:00 | 39   | 00:24:39 | 38   | 00:24:44 | 37   | 191  |
| 6  | Viktorija Rekšņa               | 00:24:47 | 37   | 00:24:46 | 38   | 00:24:55 | 38   | 00:24:25 | 38   | 00:24:47 | 38   | 189  |
| 7  | Ilze Radele                    | 00:24:59 | 35   |          |      | 00:24:47 | 38   | 00:24:47 | 38   | 00:24:54 | 39   | 150  |
| 8  | Natalja Gurjeva                | 00:24:40 | 34   | 00:24:38 | 35   | 00:24:59 | 37   | 00:24:54 | 36   | 00:25:00 | 38   | 180  |
| 9  | Valentīna Tabunova             | 00:24:29 | 33   | 00:24:28 | 35   | 00:24:42 | 37   |          |      | 00:24:24 | 36   | 141  |
| 10 | Svetlana Lubgāne               | 00:24:51 | 30   | 00:24:50 | 30   | 00:24:37 | 33   | 00:24:59 | 34   | 00:24:47 | 33   | 160  |
| 11 | Lorita Strade                  | 00:24:16 | 31   | 00:24:35 | 34   |          |      | 00:24:43 | 32   | 00:24:41 | 32   | 129  |
| 12 | Marina Ribaka                  | 00:24:56 | 32   | 00:24:48 | 29   | 00:24:34 | 32   | 00:24:47 | 31   | 00:24:31 | 32   | 156  |
| 13 | Oksana Smirnova                | 00:24:13 | 28   | 00:24:20 | 29   | 00:24:31 | 31   | 00:24:09 | 28   | 00:24:16 | 31   | 147  |
| 14 | Oksana Kramarova               | 00:24:16 | 25   | 00:24:59 | 26   | 00:24:54 | 27   | 00:24:24 | 27   | 00:24:51 | 27   | 132  |
| 15 | Jekaterina Vasjoha             | 00:24:16 | 25   | 00:24:38 | 26   | 00:24:56 | 27   |          |      | 00:24:16 | 26   | 104  |
| 16 | Nadežda Poļakova               | 00:24:59 | 26   | 00:24:18 | 25   |          |      | 00:24:54 | 26   | 00:24:44 | 26   | 103  |
| 17 | Svetlana Klauša                |          |      | 00:24:45 | 30   | 00:24:34 | 34   | 00:24:38 | 36   |          |      | 100  |
| 18 | Iveta Gasiņa                   | 00:24:42 | 24   | 00:24:47 | 22   | 00:24:36 | 21   | 00:24:48 | 23   | 00:24:30 | 22   | 112  |
| 19 | Alīna Vasiljeva                |          |      |          |      | 00:24:37 | 31   | 00:24:36 | 31   | 00:24:38 | 29   | 91   |
| 20 | Ruslana Larionova              |          |      |          |      |          |      |          |      | 00:24:38 | 34   | 34   |
| 21 | Ina Vutāne-Oliņa               |          |      | 00:24:36 | 30   |          |      |          |      |          |      | 30   |
| 22 | Alīna Sudnika                  | 00:24:52 | 27   |          |      |          |      |          |      |          |      | 27   |
| 23 | Svetlana Mahina                |          |      |          |      |          |      | 00:15:16 | 11   | 00:23:36 | 15   | 26   |
| 24 | Inese Gžegoževska              |          |      |          |      | 00:24:18 | 18   |          |      |          |      | 18   |
|    | VĪRIEŠI - 1984. – 1965.dz.     | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|    |                                | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1  | Artūrs Vīksne                  |          |      | 00:24:43 | 62   | 00:24:59 | 63   | 00:24:53 | 63   | 00:24:59 | 64   | 252  |
| 2  | Andris Lubgāns                 | 00:24:47 | 60   | 00:24:59 | 61   | 00:24:57 | 62   | 00:24:56 | 61   | 00:24:59 | 62   | 306  |
| 3  | Roberts Kramarovs              | 00:24:48 | 54   | 00:24:54 | 55   | 00:24:55 | 55   | 00:24:53 | 55   | 00:24:55 | 55   | 274  |
| 4  | Alvis Krilovskis               | 00:24:57 | 51   | 00:24:37 | 51   | 00:24:44 | 52   | 00:24:53 | 54   | 00:24:59 | 55   | 263  |
| 5  | Armands Jaščenoks              | 00:24:41 | 50   | 00:24:37 | 50   | 00:24:52 | 51   | 00:24:42 | 51   | 00:24:47 | 52   | 254  |
| 6  | Līnards Zaķis                  |          |      | 00:24:59 | 48   | 00:24:44 | 47   | 00:24:56 | 49   | 00:24:43 | 48   | 192  |
| 7  | Andrejs Tuļenkovs              | 00:24:48 | 42   | 00:24:36 | 44   | 00:24:52 | 46   | 00:24:55 | 46   | 00:24:49 | 48   | 226  |
| 8  | Segejs Gavrilovs               | 00:24:55 | 46   | 00:24:38 | 45   | 00:24:41 | 45   | 00:24:45 | 45   | 00:24:34 | 45   | 226  |
| 9  | Didzis Gasiņš                  | 00:24:37 | 42   |          |      | 00:24:49 | 43   | 00:24:03 | 35   | 00:24:43 | 43   | 163  |
| 10 | Gunārs Peļņiks                 | 00:24:58 | 39   | 00:24:57 | 39   | 00:24:57 | 40   | 00:24:44 | 39   | 00:24:49 | 40   | 197  |
| 11 | Iļģors Vdovins                 | 00:24:54 | 37   | 00:24:39 | 37   | 00:24:50 | 38   | 00:24:58 | 39   | 00:24:54 | 38   | 189  |
| 12 | Vjačeslavs Vasjoha             | 00:25:00 | 32   | 00:24:45 | 31   | 00:24:38 | 34   | 00:24:34 | 32   | 00:24:45 | 33   | 162  |
| 13 | Andrejs Gurjevs                |          |      |          |      | 00:24:51 | 38   | 00:24:24 | 39   | 00:24:55 | 42   | 119  |
| 14 | Māris Kalveršs                 | 00:24:59 | 49   |          |      | 00:24:36 | 45   |          |      |          |      | 94   |
| 15 | Uldis Siecenieks               | 00:24:51 | 43   | 00:24:58 | 44   |          |      |          |      |          |      | 87   |
| 16 | Askolds Bušmanis               |          |      | 00:24:25 | 20   | 00:24:19 | 19   | 00:24:30 | 21   | 00:24:35 | 20   | 80   |
| 17 | Aigars Vidiņš                  | 00:23:31 | 16   | 00:24:07 | 16   | 00:24:31 | 17   | 00:24:23 | 16   | 00:24:48 | 20   | 85   |
| 18 | Arturs Sudniks                 | 00:24:54 | 52   |          |      |          |      |          |      |          |      | 52   |
| 19 | Gints Strazdiņš                |          |      | 00:24:58 | 48   |          |      |          |      |          |      | 48   |
| 20 | Vilnis Šķipars                 |          |      | 00:24:33 | 46   |          |      |          |      |          |      | 46   |
| 21 | Kaspars Krauze                 | 00:24:30 | 33   |          |      |          |      |          |      |          |      | 33   |
| 22 | Edgars Bārens                  |          |      | 00:24:45 | 29   |          |      |          |      |          |      | 29   |
| 23 | Aleksandrs Baklanovs           |          |      | 00:24:10 | 26   |          |      |          |      |          |      | 26   |
|    | SIEVIETES - 1964.g. un vecākas | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā |
|    |                                | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      |
| 1  | Galina Koņabo                  | 00:24:48 | 35   | 00:24:55 | 37   | 00:24:37 | 37   | 00:24:50 | 38   | 00:24:42 | 38   | 185  |
| 2  | Natalja Vasiljeva              | 00:24:50 | 36   | 00:24:24 | 37   | 00:24:26 | 36   | 00:24:35 | 36   | 00:24:28 | 36   | 181  |
| 3  | Olga Lucika                    | 00:24:20 | 26   | 00:24:59 | 29   | 00:24:40 | 29   | 00:24:38 | 29   | 00:24:53 | 30   | 143  |
| 4  | Inna Trambicka                 | 00:24:04 | 11   |          |      |          |      |          |      |          |      | 11   |

| 4 labākie posmi |
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|    | VĪRIEŠI - 1964.g. un vecākas | 1.posms  |      | 2.posms  |      | 3.posms  |      | 4.posms  |      | 5.posms  |      | Kopā | 4 labākie posmi |
|----|------------------------------|----------|------|----------|------|----------|------|----------|------|----------|------|------|-----------------|
|    |                              | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi | Laiks    | Apļi |      | Apļi            |
| 1  | Aleksejs Vasiljevs           | 00:24:39 | 44   | 00:24:57 | 45   | 00:24:45 | 45   | 00:24:02 | 44   | 00:24:57 | 45   | 223  | 179             |
| 2  | Aleksandrs Judkins           |          |      | 00:24:55 | 41   | 00:24:44 | 41   | 00:24:32 | 41   | 00:24:59 | 42   | 165  | 165             |
| 3  | Voldemārs Točs               | 00:24:55 | 41   | 00:24:33 | 41   | 00:24:41 | 39   | 00:24:40 | 40   | 00:24:42 | 42   | 203  | 164             |
| 4  | Rūriks Bite                  | 00:24:59 | 38   | 00:24:40 | 41   | 00:24:40 | 39   | 00:24:44 | 39   | 00:24:48 | 40   | 197  | 159             |
| 5  | Aivars Vindedzis             | 00:24:48 | 38   | 00:24:32 | 38   | 00:24:34 | 40   | 00:24:37 | 39   | 00:24:34 | 40   | 195  | 157             |
| 6  | Igors Umanskis               | 00:24:52 | 37   | 00:24:30 | 38   | 12:24:35 | 38   | 00:24:39 | 36   | 00:24:52 | 39   | 188  | 151             |
| 7  | Haralds Burnickis            | 00:24:35 | 35   |          |      | 00:24:58 | 35   | 00:24:58 | 35   | 00:25:00 | 36   | 141  | 141             |
| 8  | Aivars Hofmanis              | 00:24:46 | 28   | 00:24:40 | 33   | 00:24:23 | 32   | 00:24:36 | 34   | 00:24:49 | 34   | 161  | 133             |
| 9  | Sergejs Ivanovs              | 00:24:39 | 30   |          |      | 00:24:42 | 31   | 00:24:38 | 31   | 00:24:19 | 31   | 123  | 123             |
| 10 | Uldis Kirtovskis             | 00:24:43 | 35   |          |      |          |      |          |      | 00:24:39 | 35   | 70   | 70              |